

“The AlterG gives us the opportunity to have our clients walk distances and at a pace they wouldn’t dream of. It doesn’t cure the common cold, but it sure cures the common knee or hip pains!”

*Maryann Bowles, PT
Rehab Services Manager
Life Care Center of Littleton, CO*



NASA Technology

AlterG’s patented Differential Air Pressure (DAP) technology, developed at NASA, applies a comfortable and uniform lifting force to your body. Integrated into a high-tech treadmill, AlterG’s technology offers precise body weight reduction and comfortable support. This provides anyone the opportunity to walk or run normally while eliminating pain and protecting healing tissue.

In fact, the AlterG is the only unweighting device that allows users to exercise at a reduced body weight while still maintaining normal movement mechanics.

ALTER G
Anti-Gravity Treadmill

AlterG Inc.

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Fremont, CA 94538
(510) 270-5900
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The New Standard in Senior Care

AlterG Anti-Gravity Treadmills are being used by leading organizations to help seniors recover from surgery, rehabilitate after an injury, or maintain exercise in order to combat the diseases of aging. By allowing for exercise when it would otherwise be impossible, AlterG assists users in regaining mobility and maintaining health, thereby allowing them to stay as independent as possible, for as long as possible.

You have to experience the AlterG to truly appreciate how amazing it can be. To find out what it feels like to defy gravity try the AlterG at a location near you.

Use your smartphone to scan this QR code for more information.



The AlterG Anti-Gravity Treadmill

Successful Aging Starts Here

Exercise is the key to maintaining wellness and optimizing recovery in older adults. With the AlterG™ Anti-Gravity Treadmill™, seniors can exercise in a fall-safe, comfortable environment in spite of other medical conditions. Achieve and maintain the lifestyle you want with the AlterG.



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The AlterG Anti-Gravity Treadmill

ALTER^G
Anti-Gravity Treadmill

A Healthier Tomorrow Begins Today

Clinically proven to reduce pain and impact on your joints, the AlterG[®] Anti-Gravity Treadmill[™] gives you the opportunity to exercise even with the presence of orthopedic, neurologic, or other medical conditions:

- Precise unweighting allows you to walk or run between 20 and 100 percent of your body weight
- Normalize your walking mechanics earlier after surgery
- Lower the impact on your joints and muscles during exercise
- Work on strength and muscle control in a protected environment

Defy Gravity And Defy Your Age

The first time you try the AlterG you won't believe how comfortable and how much fun it is to exercise at a lower body weight. The AlterG can be used in a variety of ways and provides a broad range of benefits for senior patients, such as:

- Promote cardiovascular and muscle health in a safe environment
- Prevent bone loss, encourage bone mineralization and joint health
- Overcome mobility issues from deconditioning by exercising at lower body weights
- Decrease fall risk by working on strength and dynamic balance in a protected setting
- Weight control and reduction

Chosen by Leaders in Senior Care

The AlterG has been tested and utilized by top medical hospitals and senior care organizations including:

- Life Care Centers of America
- Kindred Healthcare
- Azura Senior Living
- National Rehabilitation Hospital
- MorseLife Geriatric Center

These premier facilities are offering the out-of-this-world AlterG technology to their patients. And now you can utilize the AlterG Anti-Gravity Treadmill at a facility near you.

Start living the life you want today. Achieve greater health and independence. Stop thinking about the things you can't do and start planning for all the things you can do. Ask your doctor or physical therapist, or contact us for more information about how you can try an AlterG Anti-Gravity Treadmill today.

510-270-5900
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“Instead of worrying about falling over, patients concentrate on walking and coordination. Not only does the AlterG strengthen muscles, it builds the patient's confidence.”

*Sonia Francis-Dukes, PT
MorseLife Geriatric Center*



Easy and Fun To Use

AlterG is easy to use, with simple, but important enhancements beyond a traditional treadmill.

1. Step onto the Anti-Gravity Treadmill, raise the enclosure to your waist, zip into the air chamber that surrounds your lower body.
2. Next, press start and the AlterG measures your weight and fills with air.
3. Now, push the + or - buttons on the control panel to select the body weight you wish to exercise at.
4. The air chamber inflates around your lower body and the positive air pressure gently lifts you off the treadmill to the body weight setting you selected (for example: 80%).
5. Speed and incline of the treadmill can then be selected and you can begin exercising.